

for friends and family giving care

## **Helper Sign-Up Sheet**

Task	When it is needed	Who will do it
Take cane back to Red Cross	Friday the 17th	
Take deposit to the bank	Last Thursday of each month	
Mow the lawn	As needed	
Stay over on Monday nights so I can sleep	Mondays 10pm-6am	
Make some frozen meals	Anytime	
Visit with Dad while I am here	Monday afternoons	
Visit with Dad while I am here	Tuesday afternoons	
Visit with Dad while I am out	Thursday afternoons	
Visit with Dad while I am here	Friday afternoons	
Visit with Dad while I am at church	Sunday mornings	
Take the compost bags to the curb	Tuesday evenings after 7pm	
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